



Health First Home Health, Inc.

Best Senior Care @ Health First

Profile

Health First Home Health, Inc. has been established for the purpose of providing quality home health care service. The agency is committed to the ideal that individuals and families have the right to participate in the decisions regarding their own health care and the way in which that care is provided. They deserve the right to remain as autonomous as possible, and have the opportunity to participate in the selection of the best possible health care services in accordance with their needs. The agency's mission is to provide families and individuals with a safe and effective source of quality home health care services.



It is our intent to provide skilled nursing care, physical and occupational therapy, speech language pathology, medical social services, and home health aide services, as well as the necessary guidance, education and instruction to the patient and others concerned for their care.

The specific focus is to promote & maintain the physical, emotional, spiritual, and psychosocial health to our patients; thus providing a holistic and multi-disciplinary approach to health care in the home. The Agency strives to work effectively with other health care providers and community organizers to promote continuity of care.

We have a strong commitment to education and promoting an increased knowledge of home health care. We strive to educate the community, physicians, health care professionals, and paraprofessionals about home health care services and related technological advances.



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2644 Dempster St. Ste-100 Park Ridge IL 60068

Tel : 847-813-5827 Fax : 847-813-9421

E-mail : info@healthfirsthomehealth.com

www.healthfirsthomehealth.com

- ❖ Skilled Nursing
- ❖ Home Health Aide
- ❖ Rehabilitation Services
- ❖ Medical Social Work
- ❖ Physical Therapy
- ❖ Speech Therapy
- ❖ Medical Supplies

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Who We Care

We take care of individuals who are left at home while their family members go to work and school. To them, we provide companionship & personal care. For elderly clients, we have personal care assistants who are trained in geriatric care.

We also provide personal care to clients who are home-bound, bed-bound or wheelchair-bound. We apply a personalized approach to in-home care by matching your needs with our services.

Our Goals

- ◆ To provide all levels of home care services in collaboration with physicians, thus allowing clients to remain in their own homes.
- ◆ To provide a broad base of services with client demand governing the scope, allowing clients to be involved in establishing, implementing, and evaluating services.
- ◆ To maintain clients in their homes as long as possible and provide services in their least restrictive setting.
- ◆ To assist clients in using all restorative methods, tools, and procedures to return clients to their optimal level of function

Why Choose Health First

Choosing a health care provider is one of the most important decisions a person can make! MDs and their patients have a preference for a provider who cares, is knowledgeable, dependable, and accessible. A company that takes the time to go over all your options and relate to you as a person & not just a patient. that takes the time to go over all your options and relate to you as a person and not just a patient. We are well aware that MDs concern for his/her patients go beyond their clinical visits, so we at Health First Home Health Inc focus on working with your doctor and his/her health care staff, in delivering exemplary service. We continue to change in practice, technology, and with the laws governing healthcare delivery as to maintain professional competency in various disciplines.



SERVICES

Skilled Nursing

Provide assessment and rehabilitation services, including diabetic therapy, IV therapy, wound care, cardiac case management, care of patients with terminal illnesses and nurse staffing services. Health First Home Health, Inc skilled nurses can provide education (e.g. Diabetes) to the individual and their family, coordinate the treatment plan with other team members, provide care, and communicate with the patient's physician.

Skilled Care Services :

- ◆ Wound Care Management
- ◆ Diabetic Management and Care
- ◆ Cardiac/Respiratory Care
- ◆ Post-Operative Care
- ◆ Nutrition Therapy
- ◆ Medication Management
- ◆ Injections



Home Health Aide

These skills that can be delegated will give more time for the nurses to focus more on the tasks which need critical thinking and decision-making skills, which in the end will cover most of the care needed in all the patients. Without the home health aides, the individual health care required by patients will not be able to be met with adequacy, proficiency and efficiency.

- ◆ Bathing
- ◆ Dressing
- ◆ Grooming
- ◆ Light Housekeeping
- ◆ Medication Management
- ◆ Check pulse and respiration rate



**We are available 24 hours a day,
7 days a week to answer your calls & questions**
Call : 847-813-5827
email: info@healthfirsthomehealth.com

Physical Therapy

Physical Therapy is a Health Care Profession which aims the physical treatment and management of disease or condition which enables people to reach their maximum potential. 'Physical therapists' are primary healthcare professionals who diagnose and treat individuals of all ages, from newborns to the very oldest, who have medical problems or other health-related conditions, illnesses, or injuries that limit their abilities to move and perform functional activities as well as they would like in their daily lives.

Other Therapists Specialize In :

- ◆ Pre and Post Joint Replacement Therapy
- ◆ Neurological Diseases such as stroke, Multiple Sclerosis, Parkinson's disease.
- ◆ Post Spinal Surgery, Cardiac Surgery
- ◆ Arthritis, Osteoporosis, Back Pain



Speech Therapy

Assist patients to improve communication skills, eating, swallowing and cognitive functions. Our speech language pathologists specialize in the development and disorders of human communication. They also educate patients on ways to improve their memory.

Medical Supplies

There are various conditions that we treat and specific medical tools must be used. We offer supplies and equipment for different situations. Whether the treatment is for long-term or short-term, we can accommodate your needs. To maximize the safety and independence of our patients, we offer the following:

- ◆ Oxygen Supplies
- ◆ Diabetic Supplies
- ◆ G-Tube feeding supplies
- ◆ Wheelchair
- ◆ Walkers
- ◆ Medicines

